

ARTxMAGIC

RESOURCES



SOULCOLLAGE® AND THE SHADOW

Each SoulCollage® card has the potential to cast a shadow, and marvelous information can be extracted from every shadow.

In SoulCollage®, shadow is not perceived in the normal sense of something “bad”. We know 99% of what lies in the shadow is gold. That gold is hidden there, but unavailable to us, as we aren’t allowing its presence in our life for some (societal, familial, internal) reason.

In this work, there is no shame in our game when we witness shadow. We know it is vital trapped energy, and we are unafraid when it comes to seeing everything – even the things we may eventually want to become free from. There is a lot of power that comes when we reframe Shadow as simply “too much” or “too little” of a certain energy. When we bring shadow to consciousness, we free that energy, which lets it come and work for us. Our job is to attend to the shadow, witness it, learn its name, and hear it speak until the light starts to shine through it and it transforms on its own.

Through working the most shadowy of our cards, we become adept at dialing up and dialing down the energy of any card.

A card in perfect balance casts no shadow.

What to do when you don’t want/like a card

Cards may sometimes confuse, scare, or disgust you. If this happens, know that it is a natural part of the process, do not let it stop you in your tracks. There is gold in these uncomfortable cards, and this will become the exciting part of the process as your practice grows.

Often when we make or pull a card that feels tricky, it’s really the energy of that card saying, “work with me, I’m ready to change”. Cards that are ready to transform are often the ones who hold the key to your evolution.

Even the most tricky card ultimately is here not only for our own evolution, but also to be transmuted and transformed.

Start your own SoulCollage® adventure with the ARTxMAGIC Starter E-Kit.

For all the latest events and newest tools visit art-x-magic.com

©2018 ARTxMAGIC LLC. All Rights Reserved. SoulCollage® is a registered trademark of SoulCollage Inc.